



Week 2

What's something that makes you feel stressed almost instantly? School? Friend drama? Being late? Losing your phone?

Have you ever prayed about something and thought, "God, are You even listening?"

Why do you think God sometimes feels silent?

Read Mark 4:35-41. What do you think the disciples were feeling when the storm was happening and Jesus was sleeping?

The disciples asked Jesus, "Don't You care?" Why is that such an honest question when we're going through something difficult?

The teaching says, "Jesus never left the boat." How does that change the way you think about times when God feels quiet?

Why is there a difference between depending on God and simply sitting around waiting for God to fix everything?

What's one "storm" in your life where you need to remind yourself this week: "I cannot control this, but I know Who can"?