



Week 1

What is one word you would use to describe yourself?

Do you think that word is an accurate representation of who you are?

Read Genesis 1:26–27

What stands out to you about how God created people?

Why do you think we tend to believe labels from other people so easily?

What's one label (positive or negative) that has stuck with you? Where do you think it came from?

What's the difference between letting others define you vs. letting God define you?

What would actually change in your life if you believed "I am who God says I am"?

What's one label you need to "rip off" this week—and what truth from God can replace it?